

## "Walk For Mental Wellness"

# Join us for our 1st Annual "Walk for Mental Wellness" Fundraiser

DATE: Sunday, June 25th, 2023

**LOCATION**: Campbell Valley Park (Langley)

Old Orchard Picnic Shelter, 8th ave & 204th St Entrance

TIME: Check-in/Registration: 10-10:45am

Walk Starts: 11am

\*\*\*We'll be walking the 2.3 km Ravine Trail

#### WHAT TO EXPECT:

#### **COST**

Individual - \$25 Family of Four - \$50



- Live music
- Lunch and refreshments
- Children's activities (face painting, arts + crafts)
- Mental Health resources available

### **Sponsorship Opportunities:**

Bronze \$1,000, Silver \$2,500, Gold, \$5,0000

For more information, please contact info@emotionsbc.ca or visit our website at <a href="mailto:emotionsbc.ca">emotionsbc.ca</a> to register now